



OUR LADY OF  
*Mount Carmel*  
ROMAN CATHOLIC CHURCH

2121 South Rural Road | TEMPE, AZ 85282  
Office: (480) 967-8791 | [www.olmctempe.com](http://www.olmctempe.com)  
School: (480) 967-5567 [www.olmschool.info](http://www.olmschool.info)  
Pre-school: (480) 966-1753

## PARISH INFORMATION

### OFFICE HOURS

Tuesday to Thursday ..... 8:30am - 5:00pm  
Friday ..... 8:30am - 4:00pm  
Saturday..... 9:00am - 1:00pm

### CONFESSION SCHEDULE

Saturday ..... 3:00pm - 4:30pm

### ADORATION SCHEDULE

Mondays from 8:30am until 7:00pm Benediction

### 24 HOUR ADORATION SCHEDULE

First Friday from 8:30am until Saturday morning at 8:00am

### MASS SCHEDULE

#### Weekend

Saturday Vigil ..... 5:00pm  
Sunday ..... 7:00am, 9:00am, 11:00am, 5:00pm

#### Weekday

Monday to Friday ..... 6:30am and 8:00 am  
Saturday..... 8:00am

### CHILDCARE

Offered during Sunday Masses at 9am and 11am for children ages infant to 5yrs in our preschool area.

### PARISH REGISTRATION

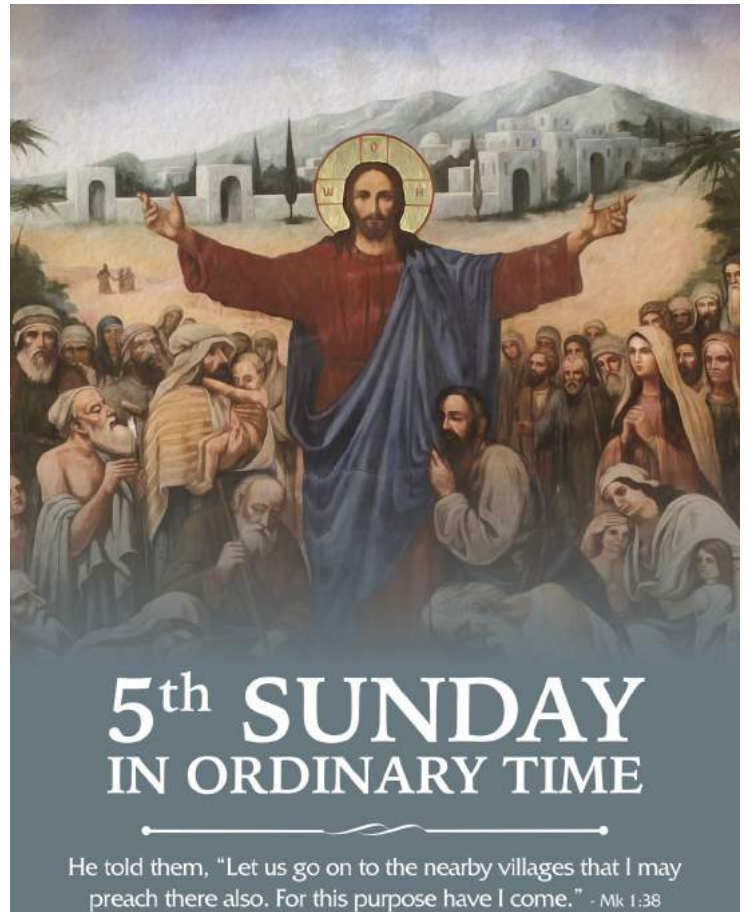
First Sunday of the Month after 11am Mass in the north end of McCready Hall. The Parish Registration and Welcoming will be held on February 4, 2018.

### INFANT BAPTISMS

Held on the 3rd and 4th Sunday of each month. Parents must first attend baptismal preparation class held on the First Wednesday of each month at 7pm in the School Library. Please go to [www.olmctempe.com/sacrament-baptism](http://www.olmctempe.com/sacrament-baptism) for more information and to fill out the registration form. Next Class will be February 7, 2018.

### SAINT VINCENT DE PAUL SOCIETY

Food box, rental or utility assistance to those living within OLMC parish boundaries who qualify for assistance by calling 480.966.1974 between 9am to 11am Monday through Fridays. Sorry no walk ins.



### Sacrament of the Sick

Please contact the parish office 480.967.8791 to arrange for the Sacrament of the Sick. For after hours assistance with the Sacrament of the Sick, please call the parish number for the after hours service number who will contact the appropriate person. Prayer Teams are also available for those seeking healing after 9am, 11am, and 5pm Masses on the first Sunday of each month.

### WEDDING ORIENTATION

Held on the Second Sunday of each month except May. Couples please meet by the water fountain on the southeast side of the church immediately following the 11am Mass. This is the first step in the marriage preparation process and should be completed prior to setting wedding date. Next Orientation will be held on Sunday, February 11, 2018.





## The Sisters' Corner ...

### Look at this!!!

As many of you already know, Sr. Maria Gracia and Sr. Alejandra returned to Lima-Peru in order to complete their formation time. They returned with many good experiences and are so thankful for the warm reception and hospitality they received while they were here with us...Thank you all so much for that!!

Before they left, they told us that even if they don't know what His mission is for them, they have you all in their hearts and prayers.

They went to the final Mass with the Pope in Lima and look at this picture.....!!!!

In the poster they say: "We offer this Mass with Pope Francis for everyone from Our Lady of Mt. Carmel Parish and School"

Receive all these prayers from them and please in return, while they complete the final phase of their formation, pray for this very special time that they will have in the formation house.

[siervasdelplannedios.org](http://siervasdelplannedios.org)  
[facebook.com/siervasdelplannedios/](https://www.facebook.com/siervasdelplannedios/)



## Bridges Youth Group

Bridges youth group has returned!!  
 Come see and celebrate His Presence in our lives!  
 God is with us!!



For questions or to register contact by email [unruffledLadies@gmail.com](mailto:unruffledLadies@gmail.com) or call 602-228-2126

Ladies Lenten Prep Retreat 2018  
 February 10, 2018 @ 8:00 am - 12:00 pm

OLMC  
 2121 S. Rural Rd.  
 Tempe, AZ

## Our Lady of Mount Carmel Parish

Wedding Preparation is as easy as 1 2 3...

Couples must first...

- 1) Attend Wedding Orientation
- 2) Follow the easy guidelines
- 3) Enjoy the 9 month process

Next Wedding Orientation

**Sunday, February 11, 2018**

immediately following 11am Mass.

Couples please meet by the water fountain on the south side of church.

....They did



### Attention Parents....

If you desire to have your child baptized parents must first attend the monthly infant baptism preparation for parents and godparents that are held on the First Wednesday of each month in the School Library at 7:00pm.

**NEXT CLASS: February 7, 2018.** There is no need to pre-register for the class. However, parents wishing baptism here at Mt. Carmel should also fill out the information form found online at <http://www.olmctempe.com/sacrament-baptism>.



## Everyday Stewardship

The fact that today's Gospel from Mark makes reference to Jesus curing Peter's mother-in-law would seem to point to the fact that Peter was married. However, the majority of scholars are of the opinion that the wife may have died before Peter was called by Jesus as an Apostle. In fact, there are many misconceptions about St. Peter. For one, although often portrayed as much older, he was probably younger than Jesus. In fact all 12 Apostles were most likely younger than Jesus.

Also, Peter is often presented in paintings and movies and books as being a very old man, but historians have also concluded that Peter was martyred in Rome when he was about 66 years old. He was never the old, old man in his 80's we see quite often.

All of that is secondary to a simple statement in today's Gospel about the mother-in-law. Specifically, St. Mark writes, "He (Jesus) approached, grasped her hand, and helped her up. Then the fever left her and she waited on them." St. Matthew reveals this same fact in his Gospel (Matthew 8:15), and he writes, "He (Jesus) touched her hand and the fever left her, and she got up and began to serve him."

The message for us is very basic. Peter's mother-in-law responded to Jesus the same way we should when Jesus blesses us. She responded to the Lord and immediately served Him out of gratitude. That should be our motivation, and action, as well.

Please visit the OLMC Coffee Shop Sunday Morning after the morning Masses. ALL proceeds benefit the Full Circle Program, a parish ministry at Mount Carmel that offers assistance for At Risk Kids and their families. For more information regarding assistance for your family contact AJ Creswell, at [aj@olmctempe.com](mailto:aj@olmctempe.com) or please call 480.967.8791 to leave a message.



FIFTH SUNDAY IN ORDINARY TIME ..... FEBRUARY 4, 2018



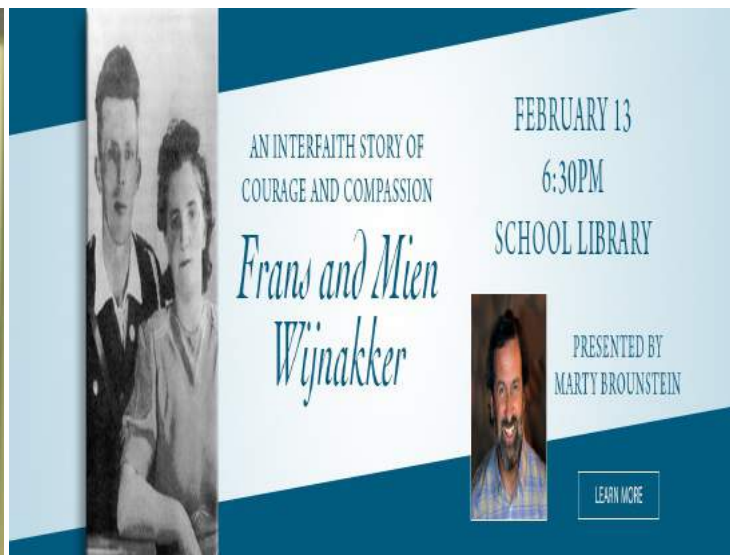
Give a gift that lasts a lifetime...  
A Catholic Education

Being a hero has never been easier.  
Re-direct your tax dollars to  
Catholic Education Arizona for  
OLMC Catholic School.

**Catholic Education ARIZONA**

For more information please visit:  
<http://catholiceducationarizona.org/contribute/>

TAX CREDIT HOW-TO



AN INTERFAITH STORY OF  
COURAGE AND COMPASSION

*Erans and Mien  
Wynakker*

FEBRUARY 13  
6:30PM  
SCHOOL LIBRARY

PRESENTED BY  
MARTY BROUNSTEIN

LEARN MORE



Join Us For

**WORLD DAY  
OF THE SICK  
HEALING  
MASS**

Saturday, Feb. 10 at 1 PM  
Ss. Simon and Jude  
Cathedral, Phoenix

DIocese of PHOENIX



A Desert Morning of Prayer and Discernment  
FEBRUARY 10 @ 8:00am - 12:00pm

This is a great opportunity for women over 18 who are open to discerning Religious Life to participate in the Mass at the Monastery, to meet the Sisters, receive an enriching talk on discernment and prayer, the Sacrament of Confession and a silent Holy Hour before the Blessed Sacrament with Benediction. Email Sr. Anthony Mary to RSVP for this free event at [sr.anthonymary@dphx.org](mailto:sr.anthonymary@dphx.org).



18TH ANNUAL PHOENIX CATHOLIC WOMEN'S CONFERENCE

THE LORD WILL  
fight for you  
YOU NEED ONLY TO  
be still

February 10, 2018  
Xavier College Preparatory – Founders Hall  
For tickets...  
<https://www.eventbrite.com/e/2018-phoenix-catholic-womens-conference-tickets->

EXODUS 14:14



CHANDLER, AZ

FEBRUARY 16 - 17TH

A BLESSED IS SHE RETREAT

BLESSEDISHE.NET/WILD

Speakers & Music//Emily Wilson, Beth Davis, Ike Ndolo, Lisa Garcia/Sr. Mary Jordan Hoover/Fr. John Parks  
February 16 & 17  
St. Andrew's Catholic Community  
5450 West Ray Road, Chandler  
WHO IS INVITED//YOU and all others you know 18+ are welcome for a day of prayer, community and worship. Questions?  
Contact Beth at [BETHDAVIS.BLESSED IS SHE.NET](mailto:BETHDAVIS.BLESSED IS SHE.NET)

## OUR LADY OF MOUNT CARMEL ROMAN CATHOLIC CHURCH

4 February 2018

Dear Friends,

You are probably familiar with the infamous text messages of the two FBI employees that were found, lost, and found again. Reportedly, there were 50,000 messages between November and June. Wow, that's a lot of texting even for two people having an intramural extra-marital affair. That works out to about 25,000 texts sent and 25,000 responses. That would be, without counting sleep hours, one text and response about every eight or nine minutes, every day for five months.

Maybe this is an extreme case, but it does give us all reason to evaluate our use of technology, especially our use of smart phones. More and more data is coming to light about the harmful effects of the overuse of these devices. Neurologically, repeated use over time rewires brain synapses, much like any addictive behavior would do. Socially, repeated use over time diminishes our capacity for interpersonal communication and intimate relationships. The case above really sounds like they were having an affair with their phones. The problems caused by overuse are especially acute for young people, teens in particular. Young brains are very malleable and can easily be reshaped by compulsive behavior. Young people need a lot of social interaction so they can learn to navigate the world of interpersonal relationships with all its ups and downs and disappointments and joys. Spending hours upon hours on a phone or computer game retards their ability to grow to emotional and psychological maturity.

Therefore, there are two suggestions I want to make. The first is for all the old timers, myself included, who grew up with only one phone at home, a rotary phone at that. It really wasn't all that long ago. Share your memories with the younger generation. Tell them what it was like growing up in a world with one phone that you could not carry around with you. Let them know that there was such thing as a party line, not to set up parties, but to share a phone line with the person living next door. A party line meant that sometimes you had to wait to place a call. Also remind them that to make a long distance call, you had to dial 0 and ask the operator to place the call and then wait until the operator called you back when the call had been placed. But here is the part that will blow their minds: when you were not at home and the phone rang, nothing happened. It just rang. There were no messages to retrieve when you got home; in fact, you didn't even know you received a call. And, most importantly, you were able to live your life in peace and happiness even though you missed a call from someone. The point is to let the younger generation understand that you can actually live quite well without 24hour access to a phone, the internet, or text messages.

The second suggestion is that as we come into the season of Lent, consider fasting from your smart phone. We'll call it *Friday Fone Fast*. There are all sorts of possible ways to do this. You could completely abstain from using your phone for one day a week. Or you could just use your phone on Fridays to make/receive phone calls - no texts, no internet usage. You could also just restrict phone usage to work-related matters. It might be a good idea to let your friends and family know so that when you don't immediately respond to a text message, they don't send out the National Guard looking for you. You could do the same with other technology, emails, computer games, etc. I know it sounds really difficult, but it is possible to disconnect for just one day. It was done on a regular basis in the not too distant past.

If you do participate in the *Friday Fone Fast*, you will have extra time on your hands. So use it well. Spend time in quiet prayer; engage in some spiritual reading using a physically printed book in your hands. Or you can even spend time speaking face-to-face with another human being.

If you can't forsake your phone or find yourself struggling to do it, it is probably a sign that you have already rewired your brain so expect withdrawal symptoms. But they pass quickly, and you will experience more inner peace and less turmoil in your life.

Lent starts February 14. This is a good time to demonstrate some love for yourself by fasting from the cold, harsh world of technology and engage in a more human lifestyle. Have a real love relationship with yourself, your spouse, your family and friends - and not your phone.

Love,  
Fr. John B.